

**PRECISION SPECTROSCOPY OF TRANSITION FROM THE
METASTABLE 2^3S_1 STATE OF TO HIGH NP RYDBERG STATES**

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The metastable He ($(1s)^1(2s)^1$) atom in its singlet (1S_0) or triplet (3S_1) states is an ideal system to perform tests of ab-initio calculations of two-electron systems that include quantum-electrodynamics and nuclear finite-size effects. The recent determination of the ionization energy of the metastable 2^1S_0 state of ^4He [1] confirmed a discrepancy between the latest theoretical values of the Lamb shifts in low-lying electronic states of triplet helium [2] and the measured $3^3D \leftarrow 2^3S$ [3] and $3^3D \leftarrow 2^3P$ [4] transition frequencies. This discrepancy could not be resolved in the latest calculations [5, 6].

Currently, we focus on the development of a new experimental method for the determination of the ionization energy of the 2^3S_1 state of ^4He via the measurement of transitions from the 2^3S_1 state to np Rydberg states. Extrapolation of the np series yields the ionization energy with sub-MHz accuracy.

In this poster, we present the progress in the development of our experimental setup, which involves (i) the preparation of a cold, supersonic expansion of helium atoms in the 2^3S_1 state, (ii) the development and characterization of a laser system for driving the transitions to the np Rydberg states, and (iii) the implementation of a new sub-Doppler, background-free detection method. We present this new spectroscopic method, with which we cancel the ^1st -order Doppler shift and illustrate its power with a new determination of the ionization energy of 2^3S_1 metastable He.

References

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